

Complications of Dry Eye

Most of the time, Dry Eyes are annoying, causing irritation, grittiness and watering. However, Dry Eyes may also cause other issues, some which can be serious although rare.

- Conjunctivitis
 - Your tears protect the surface of the eye from potential infections. Without adequate tears the eye may be at increased risk of infections. However, if mild the conjunctivitis does not need treatment. If severe or painful, then it is important to seek advice from a professional.

- Corneal Ulcer
 - A potentially sight threatening complication of dry eye may include ulcers of the cornea. This may result in severe infections requiring immediate hospital treatment. If your eye becomes red and painful, and your vision is affected you may potentially have an infected corneal ulcer so we would advise immediate advice from an eye specialist.

- Scarring on the surface of your eye
 - Severe dry eyes may lead to inflammation and possible scarring of the front of the eye. If the scarring is severe on your cornea, you may develop visual problems.

Making a referral: