

Patient Isolation information Prior to Cataract Surgery

Government Guidelines from the NHS have mandated that all patients undergoing elective surgery, undergo a period of isolation whilst we are in this Covid-19 Pandemic period. Whilst we understand self-isolation, and potentially that of family members maybe difficult, it remains necessary to keep you, staff and other patients safe for your surgery and minimise the risk of spread.

For all patients undergoing day-case cataract surgery at a Community Eyecare Hospital, please follow the following guidance to ensure your surgery is not postponed or cancelled on the day:

- **STRICT self-isolation for 10 days prior to admission. Members of the same household should also be in isolation during this period.**
- **Show no symptoms such as cough and high temperature at pre-operative screening.**
- **Undertake a coronavirus PCR 72 hours before surgery, which must be negative 3 days prior to surgery date.**
- **Some patients will be asked to isolate for 72 hours and undertake a PCR test.**
- **Please bring the result of the test with you at the time of your operation.**

Tests are available via <https://www.gov.uk/get-coronavirus-test> and state it has been requested by the NHS

What do we mean by self-isolation?

- Stay at home
- Do not go out to work
- Do not use public transport like buses, trains, tubes or taxi
- Avoid visitors to your home
- Ask friends, family members or delivery services to carry out errands for you - such as getting groceries, medications or other shopping.
- Strictly avoid contact with someone who is displaying symptoms of COVID-19. These symptoms may include high temperature new and continuous cough, and loss of taste or smell
- Remember
 - Wash your hands regularly between surface contact for 20 seconds
 - Stay 2 metres away from other people
 - Wear a face mask with all person-person contact

Questions? Call 0330 100 4730